



# Thinking Matters

## Cognitive Coach Course

Build Teaching Skills in Developing  
Cognition, Metacognition and Self-regulation

### At a glance

Different to most on-line CPD, the Thinking Matters 'Cognitive Coach' Course is a live, interactive and expert-led course designed to develop individual teacher pedagogy with practical, effective strategies that enhance metacognition and self-regulation in learners.

### The course will allow participants to:

- gain confidence in using metacognitive tools and strategies in their teaching
- enhance their pedagogical expertise to share with colleagues
- build meaningful evidence to support professional development objectives

### How the course works:

- Agree your module dates with us.

- Each module is sequenced progressively, allowing participants the opportunity to explore and build upon their ideas, through engagement with expert-led 'live' online sessions.

- Each session includes pre- and post-activities to support participants in experimenting, monitoring and evaluating possibilities presented to them in a serious and committed fashion.

- Through these activities, participants will build a portfolio of evidence demonstrating developing skills and their impact. This includes written accounts such as reflective journals, individual and group tasks and records of in-school activity that demonstrate developing skills and their impact.

- The course culminates in a final short assessment in the form of an individual viva, during which participants are able to share the development of their pedagogical practice and its impact on student learning. The viva will be conducted by your course lead, a Thinking Matters Accredited Trainer (typically a former SLT member at an Exeter University accredited Thinking School).



**9 x 60 minute 'live' online modules**



**3 x modules per term**



**Pre- and post-module activities**



**Expert-led**



**2-12 participants per cohort**



**Supporting materials and resources**

**Receive certification as a**

 **Thinking Matters**  
**Cognitive Coach**



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## Learning Intentions



1	<b>Course overview &amp; introduction</b>	Participants will become familiar with the purpose and intent of the course, including timescale, participant expectations, format and assessment.
2	<b>The Cognitive Coach</b>	Through self-reflective exercises on current practice, participants will demonstrate understanding of the key principles which underpin cognitive coaching.
3	<b>Understanding the Science of Learning</b>	Participants will deepen understanding of key aspects of the Science of Learning and its impact on student metacognition, including brain structure, neuroplasticity and memory.
4	<b>Intro to Metacognitive Visual Tools</b>	Participants will become familiar with tools that develop the metacognitive capacities of students in Thinking Schools.
5	<b>Thinking Processes</b>	Participants will consider use of the metacognitive visual tools in the curriculum content.
6	<b>Skilful Questioning</b>	Participants will review and reflect on current strategies for skilful questioning. Become familiar with questioning tools that develop the metacognitive capacities of students and consider the importance of questioning as a fundamental strategy for the meta-learner.
7	<b>Skilful Feedback</b>	Participants will explore the key roles and features of skilful feedback in the pedagogy of the cognitive coach
8	<b>Feedback &amp; the Metacognitive Cycle</b>	Participants will deepen understanding of the key features of skilful feedback and its role in developing the metacognitive process
9	<b>Deliberate Practice</b>	Participants will develop a deep understanding of the core principles that underpin Deliberate Practice and be able to explain these principles in the context of improving metacognitive teaching skills. - Apply the concept of Deliberate Practice to their teaching.

## Costs



**1st participant per MAT/School: £499 (+vat)**

**2nd-5th participant per MAT/School: £449 (+vat)**

**6th and further participants per MAT/School: £399 (+vat)**

As part of the cost - each participant's school will also benefit from getting complimentary **Silver Membership of the Thinking School Network** which includes the following:

- A 50% Discount on a Festival of Metacognition ticket - our annual conference.
- A 50% discount to attend a local 'Metacognition Meet' - a half day, in-person opportunity to meet and network with your local Thinking Schools.
- Selected access to classroom resources, staff planning, filtered research library.
- Selected access to recorded CPD workshops & webinars
- A 10% discount on Thinking Matters' consultancy, training and resources.
- A free pilot, for one term, with a chosen year group to use our Meta Mirrors application - a tool that will enable both your school and your students to plan, monitor and evaluate their progress as 'meta' learners.