

METACOGNITION AND THE KNOWLEDGE-RICH CURRICULUM

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WHAT DO WE MEAN BY CURRICULUM?



WHY KNOWLEDGE MATTERS



Curriculum, pedagogy, assessment

**What do we want pupils to learn?
(curriculum)**



**How do we teach them?
(Pedagogy)**

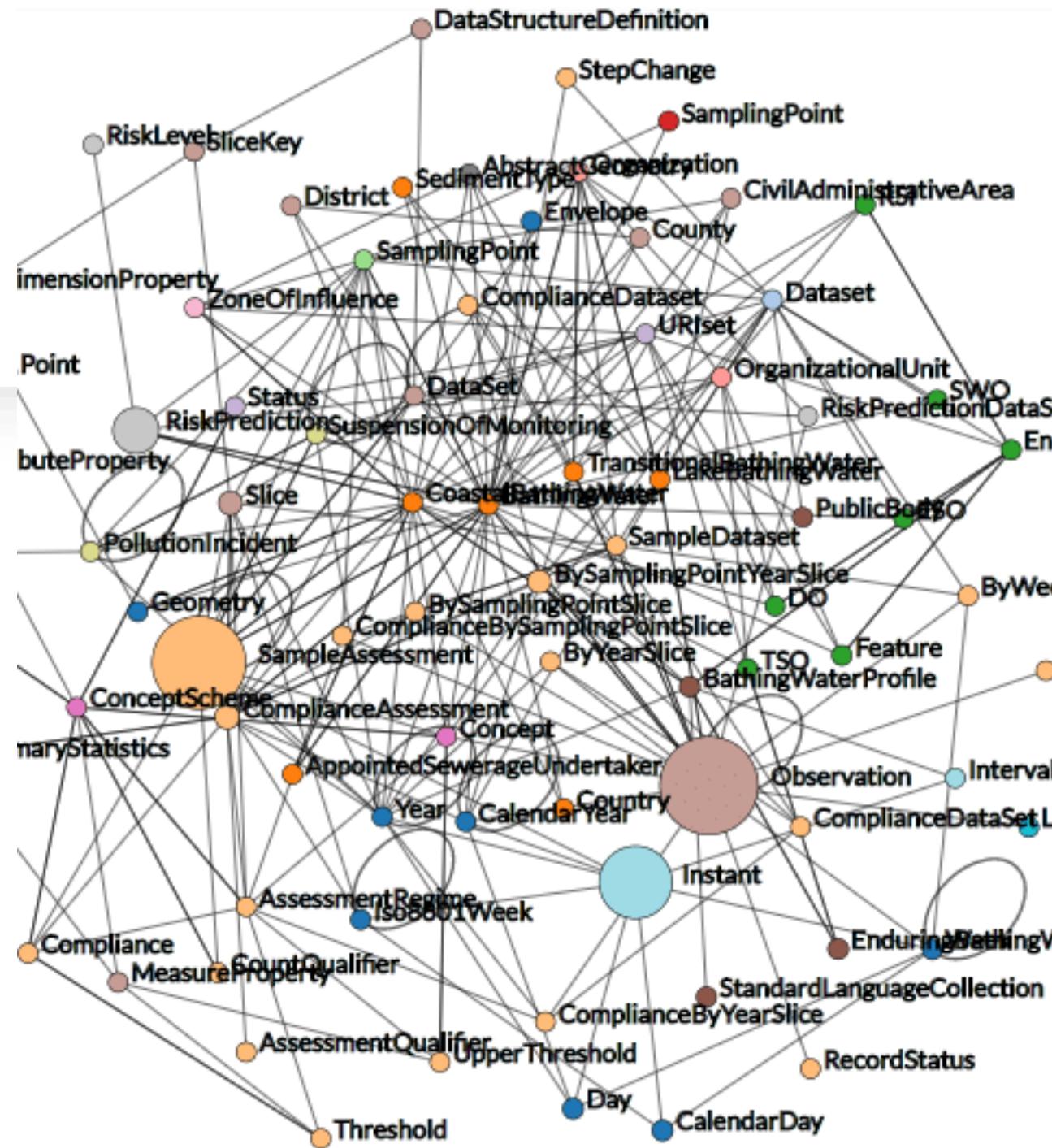
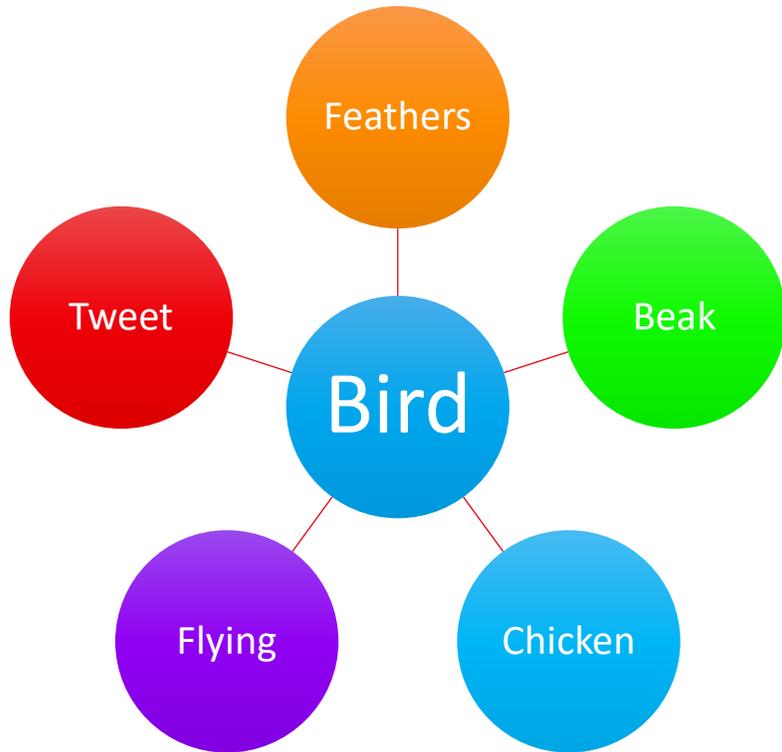
**What have they learnt?
(Assessment)**



Educational research has long focused on pedagogy – this is important, but it is not sufficient



KNOWLEDGE MATTERS





WHY DOES CURRICULUM MATTER?

- Cultural capital
- Social cohesion and democracy
- Access to the best of our culture

THE RETURN OF KNOWLEDGE



Cognitive science



Societal cohesion



Effective teaching

THE KNOWLEDGE-RICH CURRICULUM



WHAT IS A KNOWLEDGE CURRICULUM?

- Knowledge as the basis for skills and understanding
- Subjects matter
- Content matters
- Concepts matter

KEY ELEMENTS

- The curriculum is the progression model
- Knowledge clearly laid out
- Building blocks
- Thoughtful sequencing
- Making choices



WHAT A KNOWLEDGE CURRICULUM ISN'T

- Disconnected facts
- Window dressing
- Encounter rather than learn
- Boring!



WHAT'S THE EVIDENCE?



EdWorkingPaper No. 23-755

A Kindergarten Lottery Evaluation of Core Knowledge Charter Schools: Should Building General Knowledge Have a Central Role in Educational and Social Science Research and Policy?

David Grissmer
University of Virginia

Thomas White
University of Virginia

Richard Buddin
University of Virginia

Mark Berends
University of Notre
Dame

Daniel Willingham
University of Virginia

Jamie DeCoster
University of Virginia

Chelsea Duran
University of Virginia

Chris Hulleman
University of Virginia

William Murrell
Auburn University

Tanya Evans
University of Virginia

Views

6

CrossRef
citations to date

56

Altmetric

Time to Transfer: Long-Term Effects of a Sustained and Spiraled Content Literacy Intervention in the Elementary Grades

James S. Kim, Joshua B. Gilbert, Jackie Eunjung Relyea ✉, Patrick Rich, Ethan Scherer, Mary A. Burkhauser, Johanna N. Tvedt

[Author Affiliations](#) ▶

Kim, J. S., Gilbert, J. B., Relyea, J. E., Rich, P., Scherer, E., Burkhauser, M. A., & Tvedt, J. N. (2024). Time to transfer: Long-term effects of a sustained and spiraled content literacy intervention in the elementary grades. *Developmental Psychology*, 60(7), 1279–1297. <https://doi.org/10.1037/dev0001710>

[Reading Psychology](#) >

Volume 44, 2023 - [Issue 2](#)

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Articles

Does Cultivating Content Knowledge during Literacy Instruction Support Vocabulary and Comprehension in the Elementary School Years? A Systematic Review

HyeJin Hwang ✉ , Sonia Q. Cabell & Rachel E. Joyner

Pages 145-174 | Received 21 Oct 2020, Accepted 19 Oct 2022, Published online: 07 Nov 2022

[Cite this article](#)

<https://doi.org/10.1080/02702711.2022.2141397>



Developmental
Psychology

Editor: Koraly Pérez



Enter keywords, authors, DOI, etc

WHAT KNOWLEDGE?

Councils call for school lessons on cold water shock

Councils urge schools to alert pupils to the dangers of cold water shock after an increase in accidental drownings

Here's an idea for an educational revolution that's actually useful — let's start teaching sleeping skills

Schools should teach children about Stormzy instead of Mozart

Science and society

- Does knowledge matter = a scientific question with a scientific answer
- What knowledge matters = in part a societal question with a societal answer



METACOGNITION



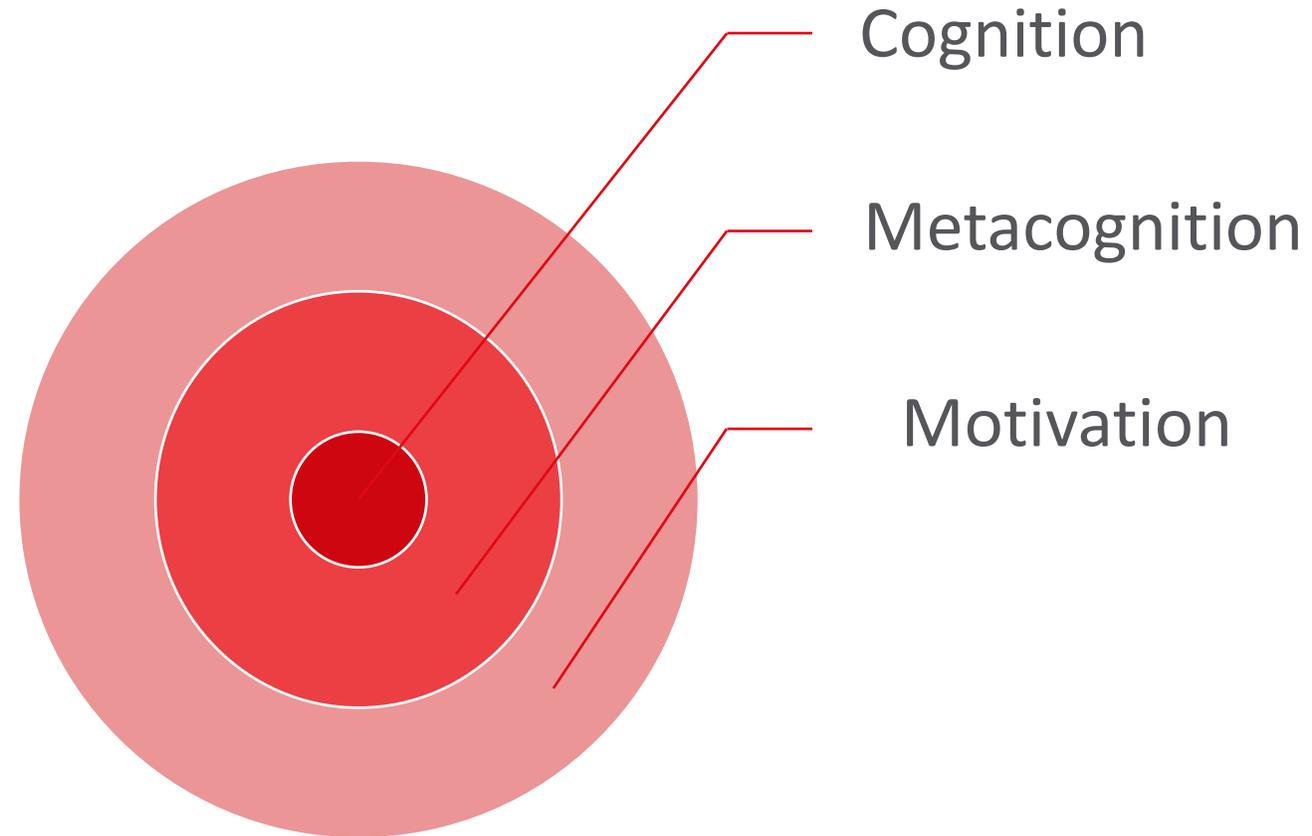
NOT JUST KNOWLEDGE...

Skills matter!

**Self-regulation and
metacognition are key skills
for lifelong learning**



SELF-REGULATION



METACOGNITION

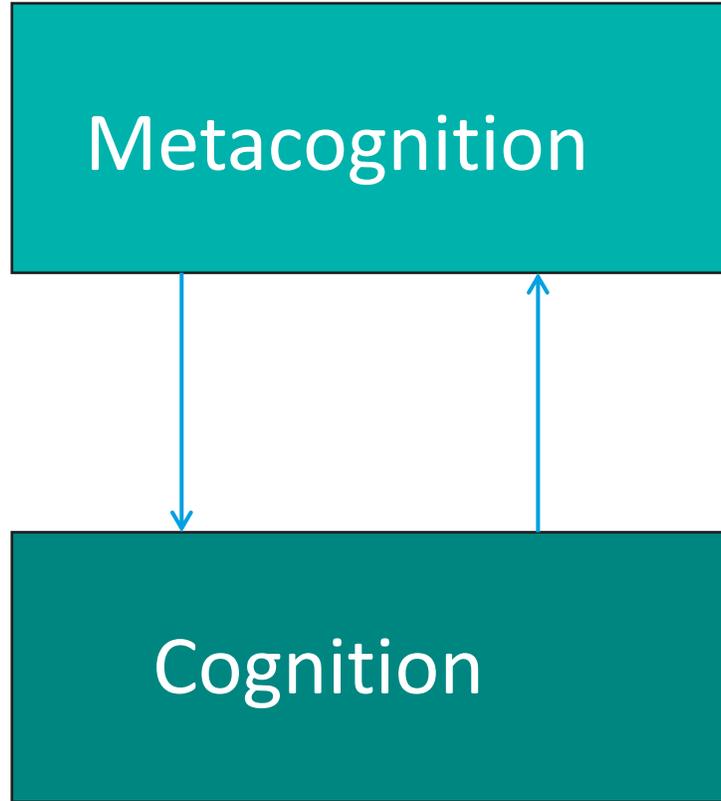
- Knowledge of cognition:
 - Knowledge of myself as a learner
 - Knowledge of strategies and processes such as retrieval practice
 - Knowledge of how and when to use a particular strategy
- Regulation of cognition:
 - Planning, for example, activating prior knowledge, selecting strategy, deploying resources
 - Monitoring, for example by self-testing
 - Evaluating

Metacognition

Control

Monitoring

Cognition



METACOGNITION IN THE KNOWLEDGE-RICH CURRICULUM AND CLASSROOM



The Flemish knowledge-rich curriculum Goals 2025 – P4

9.2.1

Pupils know cognitive learning strategies that help them actively practise and reinforce knowledge over time.

9.2.2

Pupils can apply both taught and provided cognitive learning strategies in a functional (purposeful) way.

9.2.3

Pupils can organise their learning environment effectively, in line with the learning activity and learning goal.

The Flemish knowledge-rich curriculum Goals 2025 – P6

9.2.1

Pupils know a simplified explanation of how the brain works: the role of prior knowledge and practice, taking in and processing information, storing knowledge, and retrieving it.

9.2.2

Pupils know cognitive learning strategies to actively process information.

9.2.3

Pupils know the different phases in a learning process: a preparatory phase, an execution phase, and a reflection phase.

9.2.4

Pupils can apply learned and practised cognitive learning strategies, taking their prior knowledge into account.

9.2.5

Pupils can organise both their learning environment and themselves in relation to the learning activity and learning goal.

9.2.6

During a learning activity, pupils can use metacognitive strategies that have been introduced and taught by the teacher.

9.2.7

During a learning activity, pupils can reflect on the cognitive, metacognitive, and motivational strategies they have used.

9.2.8

During a learning activity, pupils can reflect on aspects related to their motivation for their own learning process.

INTEGRATING METACOGNITION IN KS2 LESSONS

Example	Focus	Objective	Key Strategies
KS2 History: Viking Invasions	Metacognition in topic learning	Develop historical understanding & self-awareness	Visual aids, reflective prompts, creative tasks
KS2 Maths: Word Problems	Metacognition in problem-solving	Solve multiplication problems with awareness of thinking	Think-aloud modelling, guided practice, reflection, feedback

KS3 GEOGRAPHY: METACOGNITION IN PLATE TECTONICS

Lesson	Objective	Key Metacognitive Focus
Lesson 1: Intro to Plate Tectonics	Understand Earth structure & tectonics	Think–Pair–Share + Study planning
Lesson 2: Plate Boundaries	Explore divergent, convergent, transform boundaries	Metacognition journal reflections
Lesson 3: Earth's Features	Link tectonics to mountains & oceans	Concept maps + reflective modelling
Lesson 4: Historical Perspectives	Learn history & scientific development	Socratic seminar reflection
Lesson 5: Assessment & Application	Demonstrate and evaluate understanding	Reflection on learning strategies

A modern, brightly lit escalator with the word "CONCLUSION" centered on the steps. The escalator is viewed from a low angle, looking up the steps. The steps are dark grey with a textured surface. The handrails are made of polished metal and glass. The lighting is bright and even, creating a clean and professional atmosphere.

CONCLUSION

Knowledge matters
Thinking matters

And yes, then twain can meet...

MORE INFO

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